
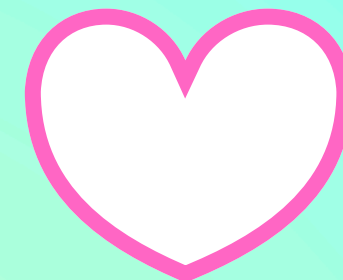


Točkovnik Sočna & Močna

Ime:

- 1.dan: **Tao Face Joga** → 1 točka
 - 2.dan: **Telo + obraz** → 1 točka
 - 3.dan: **Dih** → 1 točka
 - 5.dan: **Tao praksa** → 1 točka
 - 7.dan: **Dan za sočnost** → 1 točka
- Št. doseženih točk: 

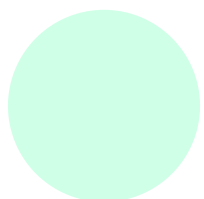
Moja nagrada:



Stikalo 1

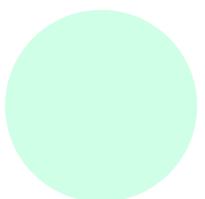
- JETRA
- HIPOTALAMUS
- ŽIVČNI SISTEM

Tao Face Joga:



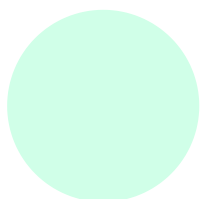
+

Telo+Obraz:



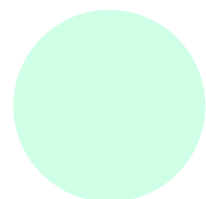
+

Dih:



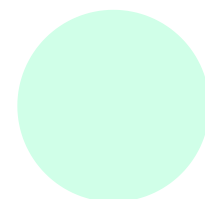
+

Tao praksa:



+

Dan za sočnost:



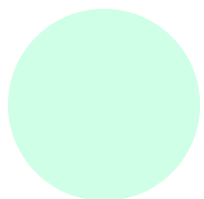
Točke:



Stikalo 2

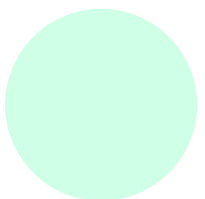
- TIMUS
- SRCE

Tao Face Joga:



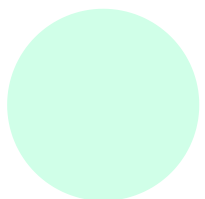
+

Telo+Obraz:



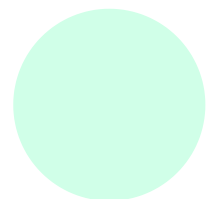
+

Dih:



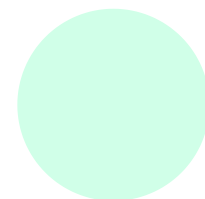
+

Tao praksa:



+

Dan za sočnost:



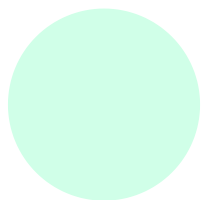
Točke:



Stikalo 3

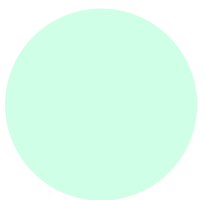
- PLJUČA
- ŠČITNICA

Tao Face Joga:



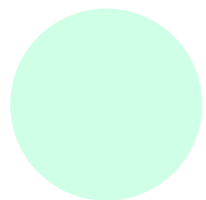
+

Telo+Obraz:



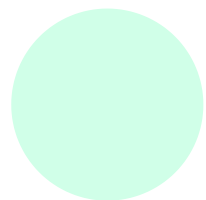
+

Dih:



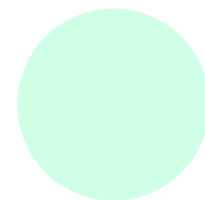
+

Tao praksa:



+

Dan za sočnost:



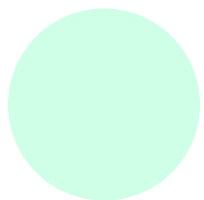
Točke:



Stikalo 4

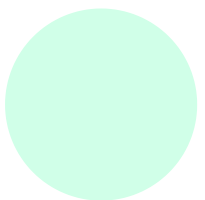
- NADLEDVIČNI ŽLEZI

Tao Face Joga:



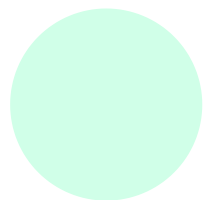
+

Telo+Obraz:



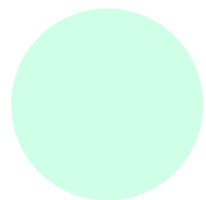
+

Dih:



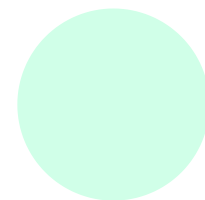
+

Tao praksa:



+

Dan za sočnost:



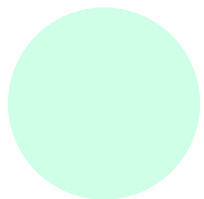
Točke:



Stikalo 5

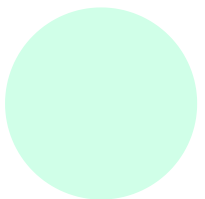
- SOČNI HORMONI

Tao Face Joga:



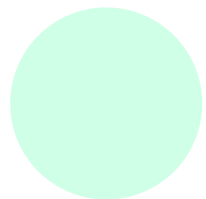
+

Telo+Obraz:



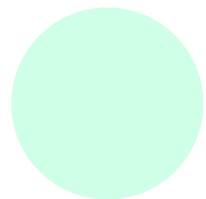
+

Dih:



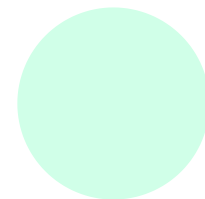
+

Tao praksa:



+

Dan za sočnost:



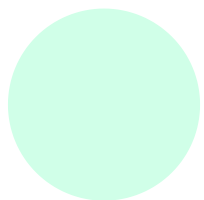
Točke:



Stikalo 6

- ČREVO

Tao Face Joga:



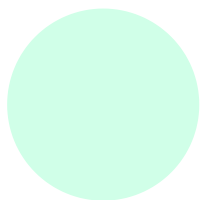
+

Telo+Obraz:



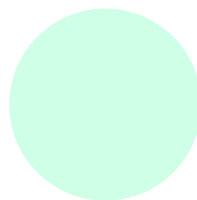
+

Dih:



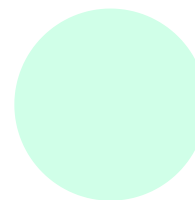
+

Tao praksa:



+

Dan za sočnost:



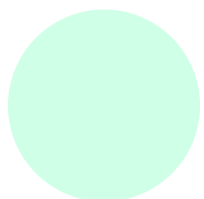
Točke:



Stikalo 7

- VEZIVNO TKIVO
- TRODELNI GRELEC

Tao Face Joga:



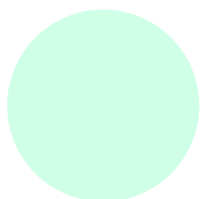
+

Telo+Obraz:



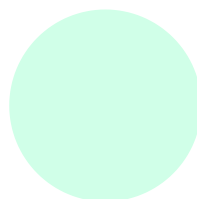
+

Dih:



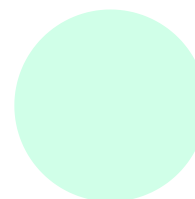
+

Tao praksa:



+

Dan za sočnost:



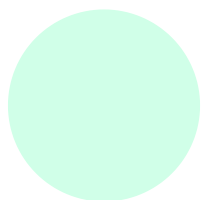
Točke:



Stikalo 8

- LIMFA

Tao Face Joga:



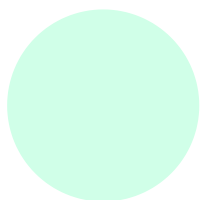
+

Telo+Obraz:



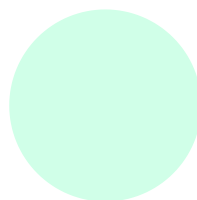
+

Dih:



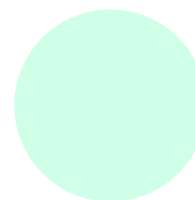
+

Tao praksa:



+

Dan za sočnost:



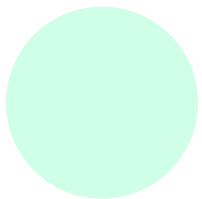
Točke:



Stikalo 9

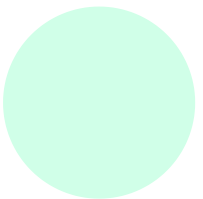
- KOSTNI MOZEG

Tao Face Joga:



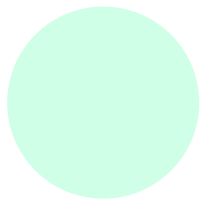
+

Telo+Obraz:



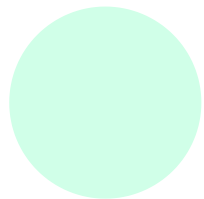
+

Dih:



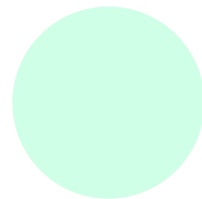
+

Tao praksa:



+

Dan za sočnost:



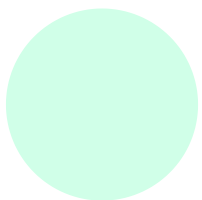
Točke:



Stikalo 10

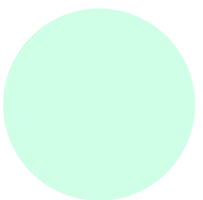
- EPIFIZA
- HIPOFIZA

Tao Face Joga:



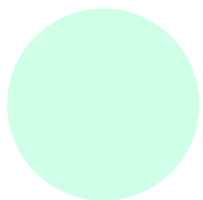
+

Telo+Obraz:



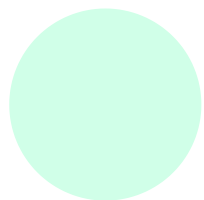
+

Dih:



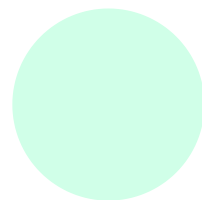
+

Tao praksa:



+

Dan za sočnost:



Točke:

